

January 2022

Vermont Regional Breakfast Menu



BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Charger Breakfast Sandwich 3</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Vermont Maple Corn Muffin 4</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Whole Grain Waffles (2) 5</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Cinnamon Breakfast Swirl 6</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Blueberry Muffin 7</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>
<p>Oatmeal Breakfast Round 10</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Banana Bread 11</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Pumpkin Muffin 12</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Whole Grain Waffles (2) 13</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Apple Coffee Cake 14</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>
<p>Whole Grain French Toast Sticks 17</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Vermont Maple Corn Muffin 18</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Charger Breakfast Sandwich 19</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Cinnamon Breakfast Swirl 20</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Pumpkin Muffin 21</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>
<p>Whole Grain Pancakes (2) 24</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Apple Coffee Cake 25</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Oatmeal Breakfast Round 26</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Blueberry Muffin 27</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>	<p>Banana Bread 28</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>
<p>Charger Breakfast Sandwich 31</p> <p>Banana or Orange 100% Fruit Juice Skim/1% Milk</p>				<p>OFFERED DAILY</p> <p>Assorted Cereal with String Cheese Whole Grain Bagel with Cream Cheese/Butter</p>

This institution is an equal opportunity provider.

NOTE: Menu Subject to Change